



SEPTEMBER 2019

Maryland WIC
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Vanessa – Lansdowne (Latino) & Woodlawn Amanda – Towson & Eastern Amanda – Essex & Dundalk Vanessa – Chartley Liz – Breastfeeding Coordinator/IBCLC		Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services				
1	2 Labor Day	3 Breastfeeding Classes: Woodlawn WIC Clinic 4:00pm-4:30pm	4	5	6	7
8	9	10 Breastfeeding Classes: Towson WIC Clinic 2:00pm-2:30pm	11	12 Breastfeeding Classes: Woodlawn WIC Clinic 11:15am-11:45am Chartley WIC Clinic 2:15pm-2:45pm	13	14
15	16	17 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 4:00pm-4:30pm	18	19	20	21
22/29	23/30	24	25	26 Breastfeeding Classes: Woodlawn WIC Clinic 1:15pm-1:45pm Chartley WIC Clinic 2:15pm-2:45pm	27	28



OCTOBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Vanessa – Lansdowne (Latino) & Woodlawn Amanda – Towson & Eastern Amanda – Essex & Dundalk Vanessa – Chartley Liz – Breastfeeding Coordinator/IBCLC			Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services			
		1 Breastfeeding Classes: Woodlawn WIC Clinic 4:30pm-5:00pm	2	3	4	5
6	7	8 Breastfeeding Classes: Towson WIC Clinic 2:00pm-2:30pm	9 Breastfeeding Classes: Eastern WIC Clinic 11:15am-11:45am Essex WIC Clinic 12:45pm-1:15pm	10 Breastfeeding Classes: Woodlawn WIC Clinic 11:15am-11:45am Chartley WIC Clinic 2:15pm-2:45pm	11 Breastfeeding Classes: Dundalk WIC Clinic 11:15am-11:45am	12
13	14 Columbus Day	15 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 4:30pm-5:00pm	16	17	18	19
20	21	22	23 Breastfeeding Classes: Eastern WIC Clinic 11:15am-11:45am Essex WIC Clinic 12:45pm-1:15pm	24 Breastfeeding Classes: Woodlawn WIC Clinic 1:15pm-1:45pm Chartley WIC Clinic 2:15pm-2:45pm	25	26
27	28	29	30	31		



NOVEMBER 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Vanessa – Lansdowne (Latino) & Woodlawn Amanda – Towson & Eastern Amanda – Essex & Dundalk Vanessa – Chartley Liz – Breastfeeding Coordinator/IBCLC			Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services		1	2
3	4	5 Breastfeeding Classes: Woodlawn WIC Clinic 4:30pm-5:00pm	6 Breastfeeding Classes: Eastern WIC Clinic 11:15am-11:45am	7	8 Breastfeeding Classes: Dundalk WIC Clinic 11:15am-11:45am	9
10	11 Veterans Day	12 Breastfeeding Classes: Towson WIC Clinic 2:00pm-2:30pm	13 Breastfeeding Classes: Essex WIC Clinic 12:45pm-1:15pm	14 Breastfeeding Classes: Woodlawn WIC Clinic 11:15am-11:45am Chartley WIC Clinic 2:15pm-2:45pm	15	16
17	18	19 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 4:30pm-5:00pm	20 Breastfeeding Classes: Eastern WIC Clinic 11:15am-11:45am	21	22 Breastfeeding Classes: Dundalk WIC Clinic 11:15am-11:45am	23
24	25	26	27 Breastfeeding Classes: Essex WIC Clinic 12:45pm-1:15pm	28 Thanksgiving	29 American Indian Heritage Day	30